



Elm Middle Breakfast Menu School October 2017

2 Daily Specials:
 Apple Cinnamon Muffin & Vanilla Yogurt
 Frosted Flakes Cereal & String Cheese
 Fruit:
 Fresh Apple
 Fresh Watermelon
 100% Grape Juice

3 Daily Specials:
 Blueberry Muffin & Vanilla Yogurt
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Grapes
 100% Fruit Blend Juice

4 Daily Specials:
 Banana Muffin & Vanilla Yogurt
 Fruit Loops & String Cheese
 Fruit:
 Fresh Banana
 Fresh Cut Cantaloupe
 100% Orange Juice

5 Daily Specials:
 Apple Cinnamon Muffin & Vanilla Yogurt
 Frosted Flakes Cereal & String Cheese
 Fruit:
 Fresh Banana
 Fresh Cut Cantaloupe
 100% Orange Juice

6 Daily Specials:
 Blueberry Muffin & Vanilla Yogurt
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Apple
 100% Apple Juice

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10 Daily Specials:
 Apple Cinnamon Muffin & Vanilla Yogurt
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Grapes
 100% Fruit Blend Juice

11 Daily Specials:
 Cinnamon Raisin Bagel & cream cheese
 Fruit Loops & String Cheese
 Fruit:
 Fresh Banana
 Fresh Cut Cantaloupe
 100% Orange Juice

12 Daily Specials:
 Blueberry Muffin & Vanilla Yogurt
 Frosted Flakes Cereal & String Cheese
 Fruit:
 Fresh Banana
 Fresh Cut Cantaloupe
 100% Orange Juice

13 Daily Specials:
 Apple Cinnamon Muffin & Vanilla Yogurt
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Apple
 100% Apple Juice

16 Daily Specials:
 Blueberry Muffin & Vanilla Yogurt
 Frosted Flakes Cereal & String Cheese
 Fruit:
 Fresh Apple
 Fresh Watermelon
 100% Grape Juice

17 Daily Specials:
 Apple Cinnamon Muffin & Vanilla Yogurt
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Grapes
 100% Fruit Juice Blend

18 Daily Specials:
 Banana Muffin & Vanilla Yogurt
 Fruit Loops & String Cheese
 Fruit:
 Fresh Banana
 Fresh Cut Cantaloupe
 100% Orange Juice

19 Daily Specials:
 Blueberry Muffin & Vanilla Yogurt
 Frosted Flakes Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Grapes
 100% Grape Juice

20 Daily Specials:
 Chocolate Chip Breakfast Round & String Cheese
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Apple
 100% Apple Juice

23 Daily Specials:
 Apple Cinnamon Muffin & Vanilla Yogurt
 Frosted Flakes Cereal & String Cheese
 Fruit:
 Fresh Apple
 Fresh Watermelon
 100% Grape Juice

24 Daily Specials:
 Blueberry Muffin & Vanilla Yogurt
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Grapes
 100% Fruit Juice Blend

25 Daily Specials:
 Banana Muffin & Vanilla Yogurt
 Fruit Loops & String Cheese
 Fruit:
 Banana
 Fresh Cut Cantaloupe
 100% Orange Juice

26 Daily Specials:
 Glazed Donut
 Frosted Flakes Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Grapes
 100% Grape Juice

27 Daily Specials:
 Blueberry Muffin & Vanilla Yogurt
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Apple
 Fresh Watermelon
 100% Apple Juice

30 Daily Specials:
 Apple Cinnamon Muffin & Vanilla Yogurt
 Frosted Flakes Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Apple
 100% Grape Juice

31 Daily Specials:
 Cinnamon Roll
 Cinnamon Toast Crunch Cereal & String Cheese
 Fruit:
 Fresh Watermelon
 Fresh Grapes
 100% Fruit Blend Juice

A parent/guardian of any student with a food Allergy should feel free to contact the Food Service Director at: 708-583-5463

Breakfast Prices
 Paid \$1.25
 Reduced \$.30