



John Mills Breakfast Menu October 2017

2 Daily Specials:
Apple Cinnamon Muffin & Vanilla Yogurt
Frosted Flakes Cereal & String Cheese
Fruit:
Fresh Apple
Fresh Watermelon
100% Grape Juice

3 Daily Specials:
Blueberry Muffin & Vanilla Yogurt
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Grapes
100% Fruit Blend Juice

4 Daily Specials:
Banana Muffin & Vanilla Yogurt
Fruit Loops & String Cheese
Fruit:
Fresh Banana
Fresh Cut Cantaloupe
100% Orange Juice

5 Daily Specials:
Apple Cinnamon Muffin & Vanilla Yogurt
Frosted Flakes Cereal & String Cheese
Fruit:
Fresh Banana
Fresh Cut Cantaloupe
100% Orange Juice

6 Daily Specials:
Blueberry Muffin & Vanilla Yogurt
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Apple
100% Apple Juice

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No School

10 Daily Specials:
Apple Cinnamon Muffin & Vanilla Yogurt
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Grapes
100% Fruit Blend Juice

11 Daily Specials:
Cinnamon Raisin Bagel & cream cheese
Fruit Loops & String Cheese
Fruit:
Fresh Banana
Fresh Cut Cantaloupe
100% Orange Juice

12 Daily Specials:
Blueberry Muffin & Vanilla Yogurt
Frosted Flakes Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Grapes
100% Grape Juice

13 Daily Specials:
Apple Cinnamon Muffin & Vanilla Yogurt
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Apple
100% Apple Juice

16 Daily Specials:
Blueberry Muffin & Vanilla Yogurt
Frosted Flakes Cereal & String Cheese
Fruit:
Fresh Apple
Fresh Watermelon
100% Grape Juice

17 Daily Specials:
Apple Cinnamon Muffin & Vanilla Yogurt
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Grapes
100% Fruit Juice Blend

18 Daily Specials:
Banana Muffin & Vanilla Yogurt
Fruit Loops & String Cheese
Fruit:
Fresh Banana
Fresh Cut Cantaloupe
100% Orange Juice

19 Daily Specials:
Blueberry Muffin & Vanilla Yogurt
Frosted Flakes Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Grapes
100% Grape Juice

20 Daily Specials:
Chocolate Chip Breakfast Round & String Cheese
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Apple
100% Apple Juice

23 Daily Specials:
Apple Cinnamon Muffin & Vanilla Yogurt
Frosted Flakes & String Cheese
Fruit:
Fresh Apple
Fresh Watermelon
100% Grape Juice

24 Daily Specials:
Blueberry Muffin & Vanilla Yogurt
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Grapes
100% Fruit Juice Blend

25 Daily Specials:
Banana Muffin & Vanilla Yogurt
Fruit Loops & String Cheese
Fruit:
Fresh Banana
Fresh Cut Cantaloupe
100% Orange Juice

26 Daily Specials:
Glazed Donut
Frosted Flakes Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Grapes
100% Grape Juice

27 Daily Specials:
Blueberry Muffin & Vanilla Yogurt
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Apple
Fresh Watermelon
100% Apple Juice

30 Daily Specials:
Apple Cinnamon Muffin & Vanilla Yogurt
Frosted Flakes Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Apple
100% Grape Juice

31 Daily Specials:
Cinnamon Roll
Cinnamon Toast Crunch Cereal & String Cheese
Fruit:
Fresh Watermelon
Fresh Grapes
100% Fruit Blend Juice

A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: 708-583-5463

Breakfast Price
Paid \$ 1.25
Reduced \$.30