



Elm Middle Lunch Menu School

September 2017

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| | | | | <p>1 A. Cheese Pizza B. Hot Dog C. Turkey/ham Chef Salad w/flatbread</p> <p>Sides: Kale Coleslaw French Fries Fresh Orange Fresh Apple</p> |
| <p>4 NO SCHOOL</p> | <p>5 A. Country Chicken Nugget Bowl B. Hot Dog C. Turkey/Ham Chef Salad w/bread</p> <p>Sides: Carrots Jicama Sticks French Fries Fresh Orange Fresh Grapes</p> | <p>6 A. Chili Mac w/breadstick B. Hamburger C. Fresh Apple & Cheese Plate</p> <p>Sides: Zucchini slices Celery Sticks Potato Wedges Fresh Cut Cantaloupe Fresh Banana 100% Grape Juice</p> | <p>7 A. Turkey w/stuffing B. Turkey Ham Sandwich C. Popcorn Chicken Salad</p> <p>Sides: Pinto Beans Baby Carrots Tater Tots Fresh Orange Fresh Grapes</p> | <p>8 A. Cheese Pizza B. Chicken Tenders w/dinner roll C. Bean Nacho Salad w/Tortilla Chips</p> <p>Sides: Broccoli Cucumber Slices French Fries Fresh Orange Fresh Grapes</p> |
| <p>11 A. Pancakes & Sausage B. Hot Dog C. Kickin' Pinto Taco Salad</p> <p>Sides: Peas Broccoli French Fries Fresh Orange Fresh Apple 100% Fruit Juice Blend</p> | <p>12 A. Macaroni & Cheese w/Fish Sticks B. Chicken Patty C. Turkey Chef Salad</p> <p>Sides: Brussel Sprouts Red Pepper Strips Fresh Orange Fresh Grapes</p> | <p>13 A. Breaded Chicken Drumstick w/corn muffin B. Hamburger C. Beef Nacho Salad w/tortilla chips</p> <p>Sides: Orange Glazed Carrots Zucchini Slices Potato Wedges Fresh Banana Fresh Cut Cantaloupe 100% Grape Juice</p> | <p>14 A. Bean & Rice Tortilla Bowl B. Tuna Salad Sub C. Popcorn Salad w/flatbread</p> <p>Sides: Vegetarian Baked Beans Tater Tots Fresh Orange Fresh Grapes</p> | <p>15 A. Pepperoni Pizza B. Chicken Tenders w/bread C. Tuna Platter w/dinner roll</p> <p>Sides: Steamed Spinach Cucumber Slices French Fries Fresh Orange Fresh Apple</p> |
| <p>18 A. Oven Roasted Chicken Drumstick w/dinner roll B. Chicken Patty C. Vegetarian Baja Salad</p> <p>Sides: Mashed Potatoes Fresh Broccoli Fresh Fries Fresh Orange Fresh Apple 100% Fruit Juice Blend</p> | <p>19 A. Pasta With Meat Sauce w/breadstick B. Hot Dog C. Diced Chicken Caesar Salad w/goldfish crackers</p> <p>Sides: Green Beans Red Pepper Strips Sweet Potato Fries Fresh Orange Fresh Grapes</p> | <p>20 A. Broccoli & Cheese Baked Potato w/dinner roll B. Egg Salad Sandwich C. Turkey Chef Salad w/flatbread</p> <p>Sides: Orange Glazed Carrots Zucchini Potato Wedges Fresh Cut Cantaloupe Banana 100% Grape Juice</p> | <p>21 A. Sausage and Red Beans w/Santé Fe Rice B. Egg Salad w/dinner roll C. Hamburger</p> <p>Sides: Vegetation Baked Beans Sweet Potato Tater Tots Celery Sticks Fresh Grapes Fresh Oranges</p> | <p>22 A. Pepperoni Pizza B. Chicken Tenders w/dinner roll C. Beef Taco Salad w/tortilla crisps</p> <p>Sides: Spinach Tater Tots Baby Carrots Fresh Apple Fresh Oranges</p> |
| <p>25 A. Meatloaf w/gravy and dinner roll B. Turkey Sandwich C. Fruit & Cheese Plate w/cinnamon tortilla crisp</p> <p>Sides: Peas Tomato Wedges French Fries Fresh Apple Fresh Oranges 100% Fruit Juice Blend</p> | <p>26 A. Popcorn Chicken Bowl w/mini pretzel B. Chicken Tenders w/dinner roll C. Tuna Salad Platter</p> <p>Sides: Cauliflower Cucumber Slices Sweet Potato French Fries Fresh Oranges Fresh Grapes</p> | <p>27 A. Cheesy Penne Pasta w/bread stick B. Hamburger C. Chef Salad w/flat bread</p> <p>Sides: Carrots Celery Sticks Potato Wedges Fresh Cut Cantaloupe Banana 100% Grape Juice</p> | <p>28 A. Chicken Tater Bite Nachos w/tortilla chips B. Chicken Patty C. Chicken Ranch Salad</p> <p>Sides: Pinto Campfire Beans Baby Carrots Tater Tots Fresh Oranges Fresh Grapes</p> | <p>29 A. Cheese Pizza B. Grilled Cheese C. Vegetarian Greek Salad w/bread</p> <p>Sides: Green Beans Red Pepper Strips Tater Tots Fresh Apple Fresh Oranges</p> |

A parent/guardian of any student with a food Allergy should feel free to contact the Food Service Director at: 708-583-5463

Lunch Prices

Paid \$ 2.50

Reduced \$.40

Daily Options:

- Sun Butter & Jelly Sandwich
- Milk (1% or Chocolate)
- Condiments (Ketchup, BBQ, Mustard and Ranch)

